

Download Red Cross Junior Lifeguard Manual

American Red Cross Lifeguard Manual | Red Cross

About the Red Cross Lifeguard Manual. From the responsibilities of being a professional lifeguard to injury prevention and First Aid skills, our lifeguarding manual is designed to be an informative guide with useful resources and tips you will utilize throughout your career.

Junior Lifeguarding Course Preview Kit | Red Cross

Junior Lifeguarding Is Easy to Teach: To make the course easy for aquatics facilities to implement, Junior Lifeguarding can be taught by any experienced lifeguard with oversight by a Red Cross-certified Lifeguarding Instructor or Water Safety Instructor.

Get Your Red Cross Lifeguard Certification | Red Cross

Earn your lifeguard certification from the American Red Cross. Our lifeguard certification courses are designed to ensure that you are properly trained and prepared in the event of a water emergency.

Red Cross Junior Lifeguard Manual | RECOVERINGSTATIST DOCUMENT

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American Red Cross Lifeguarding Manual | Red Cross Store

Updated and released in January 2017, the American Red Cross Lifeguarding Manual is used by participants in the new 2017 Lifeguarding Program. This newly revised program trains lifeguards to act with speed and confidence in emergency situations – both in and out of the water.

Lifeguarding Instructor's Manual | Red Cross Store

The American Red Cross Lifeguarding Instructor's Manual is used by our instructors to train participants in the new lifeguarding course. The revised instructor's manual and course trains lifeguards to act with speed and confidence in emergency situations – both in and out of the water.

Red Cross Manuals | Lifeguard Training | WSI Classes

LIFEGUARD CLASSES. Lifeguard Certification; Lifeguard Review; Shallow Water Lifeguard; Shallow Water Review; MORE RED CROSS CLASSES. Safety Training for Swim Coaches; Basic Water Rescue; Water Safety Today; CLASS RESOURCES. Red Cross Manuals; Class Forms; Transfer Request; Print Certification; Class Receipt; Close; Lifeguard Services ...

Lifeguarding & Learn to Swim Materials | Red Cross Store

The Red Cross is the leader in lifeguard training, and water safety instruction. We offer manuals, books, and DVDs to enhance your education.

PARTICIPANT'S MANUAL CHAPTER REVIEW ANSWER KEYS

The American Red Cross Lifeguarding/First Aid/CPR/AED Certification is valid for 2 years. Additional training may be required to meet state and local regulations or facility-specific policies. To re-certify, American Red Cross certified Lifeguards with a current certification may participate in a review course.

Lifeguard Training & Certification | Red Cross

American Red Cross lifeguarding and water safety students must be at least 15 years old by the last day of class, and pass a pre-course swimming skills test prior to taking our courses. Once students are enrolled, they'll receive the latest science-based training from experienced instructors, and develop skills they'll use for a lifetime.